

EMERGENCY NUMBERS: 911

Palmer Fire Department: 911
No. 1 Engine House 283-3861
No. 3 Engine House 283-9036
No. 2 Three Rivers District..... 283-7161

Palmer Police Department: 911
Non-emergency..... 283-8792

Palmer Ambulance Service: 283-2983/284-1652

Poison Control Center: 1-800-222-1222

Red Cross: 1-800-922-8345

If you can't find **HELP** here, call **First Call at United Way of Pioneer Valley (Toll free):**

1-888-894-8144

First Call will help you find job training, food or fuel assistance, childcare, counseling, housing, a support group, prescription drug assistance, disability support and more.



School and Community Telephone Resource List For Palmer Families

Alcohol/Drug Abuse	
Hotline.....	1-800-327-5050
Bullying	
Stop Bullying Now.....	http://stopbullyingnow.hrsa.gov/
Chamber of Commerce for Quaboag Valley, Palmer, MA	283-2418
Child Abuse Information	
Child Abuse Hotline.....	1-800-792-5200
Department of Social Services.....	1-800-529-9632
Parent Stress Hotline.....	1-800-632-8188
Childcare and Early Education Resources and Referrals	
Preschool Enrichment Team.....	413-736-3900
Childcare Centers	
HCS Palmer Head Start.....	283-8256
The Learning Factory.....	284-1191
Palmer Public Preschool.....	283-4300
Quaboag Children’s Center.....	283-3475
Rainbow Connection.....	283-5377
Clothing-used	
Goodwill Industries Thrift Shop, Palmer, MA.....	283-5785
Debt Counseling	
Consumer Credit Counseling Service.....	1-800-208-2227
Disability Insurance Information	1-800-882-2040
Domestic Violence Information and Referrals	
Griswold Center Palmer, MA.....	284-5285
Elder Affairs	
Palmer Council on Aging/Senior Center.....	283-2670
State Hotline and Telephone Referral Service.....	1-800-882-2003
Electricity	
Massachusetts Electric Emergency Reporting Line.....	1-800-465-1212
Massachusetts Electric Power Outage Hotline.....	1-800-322-3223
Food	
Palmer Food Share.....	283-3614
Transitional Assistance.....	1-800-249-2007
Fuel Assistance	
Citizens Energy Program.....	1-877-563-4645
Low Income Home Energy Assistance Program.....	413-552-1548
Health Care	
Healthy Families.....	1-508-909-0061
Mass. Health (free or low cost coverage for children).....	1-888-665-9993
Medicaid Title XIX and Children’s Health Ins. Program.....	1-800-841-2900
Medicare.....	1-800-882-1229
Homework Help Line	
Big Y Homework Help Line (M-Th 4 p.m.-7 p.m.).....	1-800-866-BIGY
Hospitals	
Baystate Mary Lane Hospital, Ware, MA.....	413-967-6211
Baystate Medical Center, Springfield, MA.....	413-784-0000
Mercy Hospital, Springfield, MA.....	413-748-9000
Wing Memorial Hospital, Palmer, MA.....	283-7651
Housing	
Hampden Hampshire Housing Partnership (HAP).....	1-800-332-9667
First Student Transportation – School Bus Company	283-5267
MCAS Parent Information Hotline	
Sponsored by the MA Dept. of Education.....	1-866-MCAS-220

Media	
MPACT.....	283-7373
Turley Publications.....	283-8393
Mental Health	
24-hour Mental Health Crisis and Counseling Hot Line.....	284-5269
BHN Crisis Service.....	1-413-733-6661
Griswold Counseling Center, Palmer, MA.....	283-7651
Kids Corner Consultation.....	1-413-267-3637
National Alliance for the Mentally Ill Referrals.....	1-800-295-2121
Quaboag Valley Hospice.....	283-9715
Valley Human Services Counseling Ctr., Ware, MA.....	967-6241
PVTA Pioneer Valley Transit Authority.....	413-732-6248
Palmer Public Schools	
Converse Middle School – Grades 5-7.....	283-8109
Old Mill Pond School – Preschool & Grades K-4.....	283-4300
Palmer High School – Grade 8-12.....	283-6511
Special Education – Palmer Public Schools.....	283-2651
Superintendent’s Office.....	283-2650
Palmer Town Hall	
Health Board.....	283-2606
Highway Department.....	283-2615
Park Commission.....	283-2667
Town Accountant.....	283-2602
Town Clerk.....	283-2608
Town Manager’s Office.....	283-2603
Veterans Agent.....	283-2610
Water Department.....	283-8411
Parenting Education and Support – for families with children under age 4	
Palmer and Monson Family Network.....	283-6246
Pathfinder Vocational Regional High School	283-9701
Public Libraries	
Monson Free Library.....	267-3866
Palmer Public Library.....	283-3330
Recreational, Cultural, and Educational Programs for Children & Adults	
Converse Middle School – Cougars Den After School Program.....	283-2675
Hitchcock Academy Community Center Brimfield, MA.....	245-9977
Scantic Valley YMCA, Wilbraham, MA.....	596-2749
Top Floor Learning, Inc. Palmer Public Library.....	283-2329
Religious Organizations	
Faith Baptist Church.....	283-7560
New Birth Christian Church.....	283-4497
St. Anne Church.....	283-5041
St. Mary’s Episcopal Church.....	283-3501
St. Paul Universalist Church.....	283-3351
St. Peter & Paul.....	283-6030
St. Thomas Church.....	283-5651
Second Congregational Church.....	283-6958
Senator Stephen Brewer	1-617-722-1540
State Representative Todd Smola	1-617-722-1540
Smoker’s Quitline	1-800-TRY-TO-STOP
Social Security Information	1-800-772-1213
Unemployment and Insurance Benefit Information	1-877-626-6800
WIC (Women and Infant and Children’s Assistance Program)	1-800-942-1007