

# FEBRUARY 2010



## PALMER PUBLIC SCHOOLS LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CHICKEN TERIYAKI POTATO WEDGES GREEN BEANS ROLL MIXED FRUIT	2 PIZZA DIPPERS RICE PEAS PEACHES	3 SHEPARD'S PIE (HAMBURG, MASHED POTATOES, CORN) ROLL/CAKE	4 CHICKEN FRYZ RICE GREEN BEANS/ROLL APPLESAUCE	5 GRILLED CHEESE SANDWICH CHIPS SOUP OR CARROT STICKS FRUIT CRISP
8 CHEESEBURG ON A BUN CHIPS CORN PEACHES	9 CHICKEN NUGGETS POTATO ROUNDS ROLL/PEAS FRUIT CRISP	10 PASTA WITH SAUCE CHEESE STICKS GREEN BEANS ROLL APPLESAUCE	11 QUESADILLAS RICE CARROTS PEARS	12 CHICKEN RICE VEGGIES APRICOT/COOKIE PHS - PRIMORDIAL SOUP
15  WINTER VACATION	16	17	18	19
22 DELI SANDWICH CHIPS/SOUP TOSSED SALAD APPLESAUCE	23 POPCORN CHICKEN SALAD BREADSTICKS ORANGES	24 HOT DOG ON A BUN POTATO ROUNDS BAKED BEANS PEARS	25 TACOS LETTUCE/TOMATO CHEESE/SALSA RICE/CORN CAKE	26 PIZZA GREEN BEANS CHIPS PEACHES
MENU SUBJECT TO CHANGE				

**ALL MEALS ARE SERVED WITH AN 8 OUNCE LOW FAT CHOCOLATE, STRAWBERRY, 2% WHITE OR SKIM MILK**

**PALMER HIGH SCHOOL AND CONVERSE MIDDLE \$2.50    OLD MILL POND \$2.25**

In accordance with Federal law and USDA policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.

**FEBRUARY 2010**



**PALMER PUBLIC SCHOOLS BREAKFAST MENU**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
1 <b>GRAB AND GO CEREAL</b>	2 <b>GRAB AND GO CEREAL</b>	3 <b>GRAB AND GO CEREAL</b>	4 <b>GRAB AND GO CEREAL</b>	5 <b>GRAB AND GO CEREAL</b>
8 <b>GRAB AND GO CEREAL</b>	9 <b>GRAB AND GO CEREAL</b>	10 <b>GRAB AND GO CEREAL</b>	11 <b>GRAB AND GO CEREAL</b>	12 <b>GRAB AND GO CEREAL</b>
15 <b>WINTER VACATION</b>	16	17	18	19
22 <b>GRAB AND GO CEREAL</b>	23 <b>GRAB AND GO CEREAL</b>	24 <b>GRAB AND GO CEREAL</b>	25 <b>GRAB AND GO CEREAL</b>	26 <b>GRAB AND GO CEREAL</b>
<b>MENU SUBJECT TO CHANGE</b>				

**ALL MEALS ARE SERVED WITH AN 8 OUNCE LOW FAT CHOCOLATE, STRAWBERRY, 2% WHITE OR SKIM MILK**

**PALMER HIGH SCHOOL \$1.75    CONVERSE AND OLD MILL POND \$1.50**

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